

Readings for Greg's Memorial

**The Second Book of the Tao, Compiled and adapted from the Chuang-tzu and the Chung Yung,  
Stephen Mitchell**

#22

We take on a human body  
and delight in what we take on,  
and every change  
in this constantly changing form  
is an opportunity for rejoicing.  
The infinite possibilities of the human!

Thus the Master wanders at ease  
in a world where nothing is unwelcome.  
She delights in sickness and in health,  
she delights in early death,  
she delights in old age,  
she delights in the beginning,  
she delights in the middle and the end.  
No experience can happen  
that she would exclude or reject.  
In this she is like the Tao.  
That is why she can serve  
as a perfect example for others.

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Reality gives us a body,  
thrusts us into the thick  
of life and its changing passions,  
eases us with old age,  
and with death returns us to peace.  
And if our life is a good thing,  
our death is a good thing too.